

Sailing CV of Mario Costa Sousa

(Last Update: December 29, 2023)

(1) Profile






Birthdate:	February 13, 1967
Nationality (dual) & Passports:	Brazilian / Canadian
Sailing regions:	Western Canada + Worldwide
Work:	Professor, Computer Science Head, illustrares research group <i>Illustrative Visual Computing</i> University of Calgary (CA)
Languages:	Portuguese and English (fluent read/write/speak) Understands spoken Spanish + basic read.
E-mail:	smcosta@ucalgary.ca
URL-1 (UCalgary):	www.cpsc.ucalgary.ca/~mario
URL-2 (illustrares):	ires.cpsc.ucalgary.ca
FB:	www.facebook.com/mario.c.sousa.1

(2) Summary of Sailing Experience

Years Sailing	Distance Logged = 6,527 nm	# Sailboats Crewed = 20																				
<ul style="list-style-type: none"> 2023 – (...) (TBD nm) 2016 – 2017 (2,613 nm) 2006 – 2009 (3,727 nm) 1983 – 1985 (156 nm) 	<ul style="list-style-type: none"> Delivery / Cruising = 5,352 nm Racing / Rallies = 1,175 nm 	<table border="1"> <thead> <tr> <th>LOA</th> <th>#</th> <th>nm</th> </tr> </thead> <tbody> <tr> <td>50 – 89 ft</td> <td>3</td> <td>1,925</td> </tr> <tr> <td>40 – 49 ft</td> <td>6</td> <td>2,621</td> </tr> <tr> <td>30 – 39 ft</td> <td>7</td> <td>1,735</td> </tr> <tr> <td>15 – 29 ft</td> <td>4</td> <td>246</td> </tr> <tr> <td colspan="2"><i>Total</i></td> <td><i>20 6,527</i></td> </tr> </tbody> </table>	LOA	#	nm	50 – 89 ft	3	1,925	40 – 49 ft	6	2,621	30 – 39 ft	7	1,735	15 – 29 ft	4	246	<i>Total</i>		<i>20 6,527</i>		
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Role & Stats (delivery/cruising + racing/rallies)																						
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Ports @ Countries (alphabetical order)																						
S/N America (3): BR CA US																						
Caribbean (4): AG BM GP LC																						
Europe (7): ES FR GB GI GR NL PT																						

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(3) Qualifications & Courses

Dates	Certificate*	Training
May 2024 (TBC)	RYA Day Skipper (Practical)	 OnDeck Maritime Training (AG)
May 2024 (TBC)	RYA Day Skipper (Theory)	 NauticEd (US)
March 15, 2009	Red Cross First Aid – CPR/AED Level C	 U. of Calgary, Kinesiology (CA)

































(4) Cruising & Delivering (17, chronological order)

My role = crew member








- MWF = Maximum Wind Force
- PoB = People on Board (including myself)
- DoB = Days on Board
- DL = Distance Logged (nm)
- NH = Night Hours

	MWF	PoB
Average	6	5
Min	4	2
Max	10	8

	DoB	DL	NH
Total	64	5,352	220

#	Dates	Sailing Vessel	Ports Visited	MWF	PoB	DoB	DL	NH
1.	2024 May (TBC)	TBC  Beneteau First 40.7	(1)  Antigua (AG) RYA Day Skipper Practical	TBC	TBC	TBC	100	TBC
2.	2017 Jun 25	USA 76  America's Cup	(1)  San Francisco Bay (US)	4	12	1	31	-
3.	2017 Apr 20-May 1	Sea Dragon  Challenger 72	(1)  St. Lucia (LC) (2)  Key West, FL (US)	7	8	10	1,734	90
4.	2016 May 24-28	Watercolors  Outbound 44	(1)  Bermuda (BM) (2)  New Bedford, MA (US)	6	2	5	650	48
5.	2016 May 2-6	Danae  Jeanneau SO 40	(1)  Antigua (AG) (2)  Guadeloupe (GP) (3)  Antigua (AG)	5	3	5	229	12
6.	2009 Jun 20-26	Hot Spur  Rhodes 41	(1)  Bermuda (BM) (2)  Marion, MA (US)	8	4	6	700	14
7.	2008 May 15-Jun 1	Fandango  Jeanneau SO 39i	(1)  Les Sables d'Olonne (FR) (2)  La Coruna (ES) (3)  Baiona (ES) (4)  Leixoes (PT) (5)  Figueira da Foz (PT) (6)  Cascais (PT) (7)  Villamoura (PT) (8)  Cadiz (ES) (9)  Gibraltar (GI)	6	5	12	1,045	25
8.	2008 Mar 10	Verona  Delta 36	(1)  Niteroi (BR) (2)  Angra dos Reis (BR)	5	4	1	80	-
9.	2008 Feb 20	Verona  Delta 36	(1)  Angra dos Reis (BR) (2)  Niteroi (BR)	9	5	1	80	-

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10.	2008 Feb 15	Onka  Multichine 23	(1)  Angra dos Reis (BR) (2)  Niteroi (BR)	10	3	2	90	7
11.	2007 Oct 7	eXcape  X-362	(1)  Rhodes (GR) (2)  Leros (GR)	5	4	1	120	4
12.	2007 May 21	Heartbeat III of Burnham  Dufour 44	(1)  Scheveningen (NL) (2)  Burnham on Crouch (GB)	7	8	1	160	4
13.	2007 May 17	Passepartout  Stevens 47	(1)  Victoria (CA) (2)  Anacortes (US)	4	6	1	32	-
14.	2007 May 10	Passepartout  Stevens 47	(1)  Anacortes, WA (US) (2)  Astoria, OR (US)	7	7	2	225	16
15.	2006 Jul 15	Verona  Delta 36	(1)  Guanabara Bay (BR)	4	5	1	20	-
16.	1983-1985	Mad Dog  Ranger 22	(1)  Guanabara Bay (BR)	10	5	10	95	-
17.	1983-1985	Spock  Gleiter Peter	(1)  Guanabara Bay (BR)	5	2	4	31	-
18.	1983 Apr 10	Osprey  Peterson 33	(1)  Guanabara Bay (BR)	5	4	1	30	-

(5) Racing & Rallies (12, chronological order)









My role = crew member @ positions (POS):

T = Trimmer, M = Mast, P = Pit


























- MWF = Maximum Wind Force
- PoB = People on Board ((including myself)
- DoB = Days on Board
- DL = Distance Logged (nm)
- NH = Night Hours

	MWF	PoB
Average	6	7
Min	4	2
Max	9	11

	DoB	DL	NH
Total	18	1,175	45

#	Dates	Sailing Vessel	Event/Route	POS	MWF	PoB	DoB	DL	NH
1.	2009 Apr 10	Turicum  C&C 44	Southern Straits  Strait of Georgia (CA)	T/M	7	7	1	120	8
2.	2007 Dec 17	Mustard  Soling	Preben Schmidt  Guanabara Bay (BR)	T/M	4	2	1	30	-
3.	2007 Dec 10	Revanche  Fast 345	Round the Island  Santa Catarina Island (BR)	M	5	7	1	70	4
4.	2007 Nov 19	Passepartout  Stevens 47	Round the County  San Juan Islands (US)	T/M	8	8	2	67	3

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5.	2007 Jul 10	eXcape X-362		Rodos Cup  Dodecanese Islands (GR): (1)  Leros (GR) (2)  Kos (GR) (3)  Tilos (GR) (4)  Chalki (GR) (5)  Symi (GR) (6)  Rodos (GR)	T	5	6	5	200	-
6.	2007 Dec 10	Bear of Britain Farr 52		RORC Myth of Malham (1)  Cowes (GB) (2)  St Quay Portrieux (FR)	T	8	11	1	160	8
7.	2007 May 20	Heartbeat III of Burnham Dufour 44		RORC North Sea (1)  Harwich (GB) (2)  Scheveningen (NL)	M	8	8	1	180	4
8.	2007 May 15	Passepartout Stevens 47		Oregon Offshore (1)  Astoria (US) (2)  Victoria (CA)	T/M	9	10	2	193	12
9.	2007 Apr 23	Passepartout Stevens 47		Hein Bank  Anacortes (US)	T/M	4	6	1	38	-
10.	2007 Apr 17	Tantivy J/109		Puget Sound Spring  Seattle (US)	P	4	7	1	25	-
11.	2007 Apr 14	Passepartout Stevens 47		Post Point  Anacortes (US)	T/M	4	6	1	27	-
12.	2007 Apr 6	Nunnehi Olson 911SE		Southern Straits  Strait of Georgia (CA)	T/M	8	6	1	65	6

(6) Sailboats Crewed (21, sorted by LOA) – 14 *invited*, 5 *paid*, 2 *family sailboats*



USA 76

 San Francisco (US)

[America's Cup](#) (84 ft)

Cruising (31 nm)

Paid Crew



Sea Dragon

 Georgetown (CY)

[Challenger 72](#)

Delivery (1,734 nm)

Invited Crew



Bear of Britain

 Cowes (GB)

[Farr 52](#)

Racing (160 nm)

Paid Crew (Training)



Passepartout

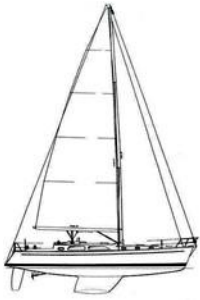
 Anacortes (US)

[Stevens 47](#)

Delivery (257 nm)

Racing (325 nm)

Invited Crew



Watercolors

Avondale, RI (US)

[Outbound 44](#)

Delivery (650 nm)

Invited Crew



Heartbeat III of Burnham

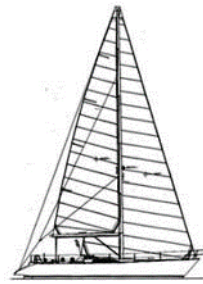
Burnham on Crouch (GB)

[Dufour 44 Performance](#)

Delivery (160 nm)

Racing (180 nm)

Invited Crew



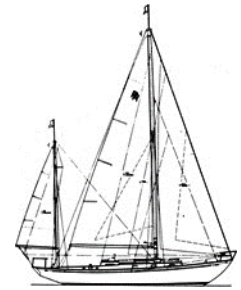
Turicum

Vancouver (CA)

[C&C 44](#)

Racing (120 nm)

Paid Crew (Training)



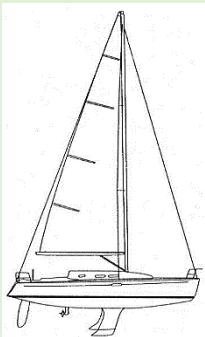
Hot Spur

Marion (US)

[Rhodes 41](#)

Delivery (700 nm)

Invited Crew



TBC

Antigua (AG)

[Beneteau First 40.7](#)

Cruising (TBC nm)

RYA Day Skipper

Paid Crew (Training)



Danae

Antigua (AG)

[Jeanneau SO 40](#)

Cruising (229 nm)

Paid Crew

(Mile Building)



Fandango

Melbourne (AU)

[Jeanneau SO 39i](#)

Delivery/Cruising
(1,045 nm)

Invited Crew



eXcape

Rhodes (GR)

[X-362](#)

Delivery (120 nm)

Racing (200 nm)

Invited Crew



Verona

Niteroi (BR)

[Delta 36](#)

Delivery (180 nm)

Invited Crew



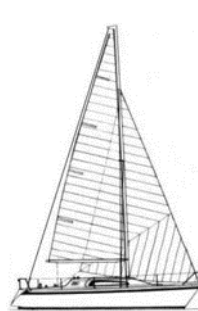
Tantivy

Seattle (US)

[J/109](#)

Racing (25 nm)

Invited Crew



Revanche

Porto Alegre (BR)

[Fast 345](#)

Racing (70 nm)

Invited Crew



Osprey

Niteroi (BR)


[Peterson 33](#)

Cruising (30 nm)

Invited Crew



Nunnehi

 Vancouver (CA)

[Olson 911SE](#)

Racing (65 nm)

Invited Crew



Mustard

 Niteroi (BR)

[Soling](#) (26.75')

Racing (30 nm)

Invited Crew



Onka

 Niteroi (BR)

[Multichine 23](#)

Delivery (90 nm)

Invited Crew



Mad Dog

 Niteroi (BR)

[Ranger 22](#)

Cruising (95 nm)

Family Sailboat



Spock

 Niteroi (BR)

Gleiter Peter (15.7')
1965 German Design
(built by my father)

Cruising (31 nm)

Family Sailboat

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(7) Additional Information

(1) SAILING SKILLS & EXPERIENCE		COMPETENT	BASIC
		<i>I am competent doing this solo in daytime or nighttime w/ a standby crew on/off deck (depending on the situation).</i>	<i>I have only done this a few times, and I am willing to learn + practice as much as possible.</i>
1.	Steer a compass course	✓	-
2.	Keep lookout/watch-keeping	✓	-
3.	Trimming sails – mainsail and foresail/jib	✓	-
4.	Reefing	-	✓
5.	Working the foredeck – setting sails including spinnakers and cruising chutes	-	✓
6.	Navigating with GPS, VHF, radar	✓	-
7.	Navigating with paper chart	-	✓
8.	Navigation software	-	✓
9.	Anchoring and handling anchors	-	✓
10.	Cooking at sea	-	✓
11.	Using dinghies with outboard motors	-	✓
12.	Heaving-to and other heavy weather tactics	-	✓

(2) HEALTH

1.	Any condition which might affect my ability to stand a watch alone?	➤ No
2.	Any allergies?	➤ No
3.	Any eye problems, colour blindness, poor night vision?	➤ No
4.	Any dietary issues?	➤ Vegetarian (dairy-tolerant); however flexible if needed/required.
5.	Non-smoker?	➤ Yes. However, I do not mind smokers on board.
6.	Prone to seasickness?	➤ I usually take pill medication to prevent it.
7.	Fitness Level	➤ Very good (workout 4-5x week)

(3) OTHER

1.	Expectations from a voyage/racing in general?	<ul style="list-style-type: none"> ➤ Love for sailing, adventure, and exploration. ➤ Improve seamanship, teamwork, making new friends.
2.	Time constraints?	➤ Please contact
3.	Return flight?	➤ Please contact
4.	Immigration/visa issues?	<ul style="list-style-type: none"> ➤ No. I have dual citizenship, Brazilian/Canadian ➤ Clean records.
5.	Spending my time in port?	<ul style="list-style-type: none"> ➤ Maintaining boat ➤ Explore places with the team. ➤ Read books, play music (guitar, <i>Pink Floyd</i>, 1969 – 2014 songs)
6.	Travel insurance?	➤ Yes, full coverage (University of Calgary Faculty Member)

Sailing CV, Mario Costa Sousa



Sailing CV of Mario Costa Sousa – *Please contact me for additional information*
