

(1) Profile

Birthdate:	February 13, 1967
Nationality (dual) & Passports:	  Brazilian / Canadian
Sailing regions:	Pacific Northwest (Vancouver BC – Anacortes WA) + Worldwide
Work:	Associate Head (Research & Planning) Professor, Computer Science Head, illustrares research group <i>Illustrative Visual Computing</i> University of Calgary (UCalgary, CA)
Languages:	Portuguese and English (fluent read/write/speak) Understands spoken Spanish + basic read.
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Research Group (Illustrares)	ires.cpsc.ucalgary.ca
Facebook:	www.facebook.com/mario.c.sousa.1

Sailing Summary (as of May 2026)

- TOTAL MILES: 6,527 nm
- DAYS AT SEA: 82
- NIGHTS AT SEA: 265 hrs
- SAILBOATS CREWED: 20
- MAX WIND FORCE: 10 (~100 km/h)
- REGIONS: Pacific NW, Caribbean, Europe, South America, Atlantic Coast (Bermuda–Florida–New England)

Core Competencies

- **Night-passage capable** (including helming and navigation in strong winds up to Force 10)
- **GPS, radar, and VHF operations**
- **Coastal and offshore navigation** (paper and electronic)
- **Sail handling and trimming** (mainsail, foresail/jib) in varied conditions
- **Watch-keeping and seamanship** in offshore environments

Three Phases of My Sailing Journey

My sailing has unfolded in three phases: first, formative years in Brazil in the 1980s, learning seamanship on small boats and gaining an intuitive feel for wind, water, and teamwork; second, a decade from 2007 to 2017 with high-mileage offshore passages, coastal deliveries, and competitive racing across multiple regions, expanding my skills in varied conditions; and now, a third phase beginning in 2026, focused on advanced training, larger-vessel expeditions, and new opportunities to further deepen my seamanship on a global stage.

(2) Summary of Sailing Experience

Years Sailing	Distance Logged = 6,527 nm	# Sailboats Crewed = 20																				
2026 – (...) (TBD nm) 2016 – 2017 (2,644 nm) 2006 – 2009 (3,727 nm) 1983 – 1985 (156 nm)	- Delivery / Cruising = 5,352 nm - Racing / Rallies = 1,175 nm	<table><tr><th>LOA</th><th>#</th><th>nm</th></tr><tr><td>50 – 89 ft</td><td>3</td><td>1,925</td></tr><tr><td>40 – 49 ft</td><td>6</td><td>2,621</td></tr><tr><td>30 – 39 ft</td><td>7</td><td>1,735</td></tr><tr><td>15 – 29 ft</td><td>4</td><td>246</td></tr><tr><td>Total</td><td>20</td><td>6,527</td></tr></table>	LOA	#	nm	50 – 89 ft	3	1,925	40 – 49 ft	6	2,621	30 – 39 ft	7	1,735	15 – 29 ft	4	246	Total	20	6,527		
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Role & Stats (delivery/cruising + racing/rallies)																						
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Ports @ Countries (alphabetical order)																						
S/N America (3): BR CA US Caribbean (4): AG BM GP LC Europe (7): ES FR GB GI GR NL PT																						

(3) Qualifications & Courses

Dates	Certificate*	Training
March 15, 2009	Red Cross First Aid – CPR/AED Level C	U. of Calgary, Kinesiology (CA)

(4) Cruising & Delivering (17 completed + 2 new in 2026, chronological order)

My role = crew member

- MWF = Maximum Wind Force
- PoB = People on Board (including myself)
- DoB = Days on Board
- DL = Distance Logged (nm)
- NH = Night Hours

	MWF	PoB
Average	6	5
Min	4	2
Max	10	8

	DoB	DL	NH
Total	64	5,352	220

#	Dates	Sailing Vessel	Ports Visited	MWF	PoB	DoB	DL	NH
1.	2017 Jun 25	USA 76 America's Cup	(1) San Francisco Bay (US)	4	12	1	31	-
2.	2017 Apr 20-May 1	Sea Dragon Challenge 72	(1) St. Lucia (LC) (2) Key West, FL (US)	7	8	10	1,734	90

3.	2016 May 24-28	<i>Watercolors</i>  Outbound 44	(1)  Bermuda (BM) (2)  New Bedford, MA (US)	6	2	5	650	48
4.	2016 May 2-6	<i>Danae</i>  Jeanneau SO 40	(1)  Antigua (AG) (2)  Guadeloupe (GP) (3)  Antigua (AG)	5	3	5	229	12
5.	2009 Jun 20-26	<i>Hot Spur</i>  Rhodes 41	(1)  Bermuda (BM) (2)  Marion, MA (US)	8	4	6	700	14
6.	2008 May 15-Jun 1	<i>Fandango</i>  Jeanneau SO 39i	(1)  Les Sables d'Olonne (FR) (2)  La Coruna (ES) (3)  Baiona (ES) (4)  Leixoes (PT) (5)  Figueira da Foz (PT) (6)  Cascais (PT) (7)  Villamoura (PT) (8)  Cadiz (ES) (9)  Gibraltar (GI)	6	5	12	1,045	25
7.	2008 Mar 10	<i>Verona</i>  Delta 36	(1)  Niteroi (BR) (2)  Angra dos Reis (BR)	5	4	1	80	-
8.	2008 Feb 20	<i>Verona</i>  Delta 36	(1)  Angra dos Reis (BR) (2)  Niteroi (BR)	9	5	1	80	-
9.	2008 Feb 15	<i>Onka</i>  Multichine 23	(1)  Angra dos Reis (BR) (2)  Niteroi (BR)	10	3	2	90	7
10.	2007 Oct 7	<i>eXcape</i>  X-362	(1)  Rhodes (GR) (2)  Leros (GR)	5	4	1	120	4
11.	2007 May 21	<i>Heartbeat III of Burnham</i>  Dufour 44	(1)  Scheveningen (NL) (2)  Burnham on Crouch (GB)	7	8	1	160	4
12.	2007 May 17	<i>Passepartout</i>  Stevens 47	(1)  Victoria (CA) (2)  Anacortes (US)	4	6	1	32	-
13.	2007 May 10	<i>Passepartout</i>  Stevens 47	(1)  Anacortes, WA (US) (2)  Astoria, OR (US)	7	7	2	225	16
14.	2006 Jul 15	<i>Verona</i>  Delta 36	(1)  Guanabara Bay (BR)	4	5	1	20	-
15.	1983-1985	<i>Mad Dog</i>  Ranger 22	(1)  Guanabara Bay (BR)	10	5	10	95	-
16.	1983-1985	<i>Spock</i>  Gleiter Peter	(1)  Guanabara Bay (BR)	5	2	4	31	-
17.	1983 Apr 10	<i>Osprey</i>  Peterson 33	(1)  Guanabara Bay (BR)	5	4	1	30	-

(5) Racing & Rallies (12, chronological order)

My role = crew member @ positions (POS): T = Trimmer, M = Mast, P = Pit

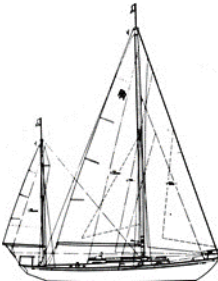
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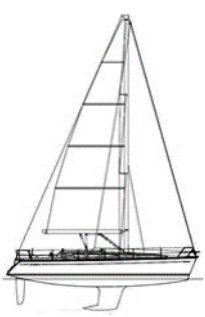
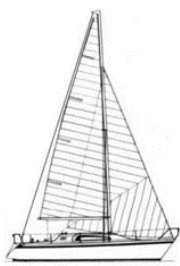
	MWF	PoB
Average	6	7
Min	4	2
Max	9	11

	DoB	DL	NH
Total	18	1,175	45

#	Dates	Sailing Vessel	Event/Route	POS	MWF	PoB	DoB	DL	NH
1.	2009 Apr 10	<i>Turicum</i>  C&C 44	Southern Straits  Strait of Georgia (CA)	T/M	7	7	1	120	8
2.	2007 Dec 17	<i>Mustard</i>  Soling	Preben Schmidt  Guanabara Bay (BR)	T/M	4	2	1	30	-
3.	2007 Dec 10	<i>Revanche</i>  Fast 345	Round the Island  Santa Catarina Island (BR)	M	5	7	1	70	4
4.	2007 Nov 19	<i>Passepartout</i>  Stevens 47	Round the County  San Juan Islands (US)	T/M	8	8	2	67	3
5.	2007 Jul 10	<i>eXcape</i>  X-362	Rodos Cup  Dodecanese Islands (GR): (1)  Leros (GR) (2)  Kos (GR) (3)  Tilos (GR) (4)  Chalki (GR) (5)  Symi (GR) (6)  Rodos (GR)	T	5	6	5	200	-
6.	2007 Dec 10	<i>Bear of Britain</i>  Farr 52	RORC Myth of Malham (1)  Cowes (GB) (2)  St Quay Portrieux (FR)	T	8	11	1	160	8
7.	2007 May 20	<i>Heartbeat III of Burnham</i>  Dufour 44	RORC North Sea (1)  Harwich (GB) (2)  Scheveningen (NL)	M	8	8	1	180	4
8.	2007 May 15	<i>Passepartout</i>  Stevens 47	Oregon Offshore (1)  Astoria (US) (2)  Victoria (CA)	T/M	9	10	2	193	12
9.	2007 Apr 23	<i>Passepartout</i>  Stevens 47	Hein Bank  Anacortes (US)	T/M	4	6	1	38	-
10.	2007 Apr 17	<i>Tantivy</i>  J/109	Puget Sound Spring  Seattle (US)	P	4	7	1	25	-
11.	2007 Apr 14	<i>Passepartout</i>  Stevens 47	Post Point  Anacortes (US)	T/M	4	6	1	27	-
12.	2007 Apr 6	<i>Nunnehi</i>  Olson 911SE	Southern Straits  Strait of Georgia (CA)	T/M	8	6	1	65	6

(6) Sailboats Crewed (sorted by LOA) – *Invited* (14), *Paid* (4), *Family* (2)

			
USA 76  San Francisco (US) America's Cup (84 ft) Cruising (31 nm) <i>Paid Crew</i>	Sea Dragon  Georgetown (CY) Challenge 72 Delivery (1,734 nm) <i>Invited Crew</i>	Bear of Britain  Cowes (GB) Farr 52 Racing (160 nm) <i>Paid Crew</i> (Training)	Passepartout  Anacortes (US) Stevens 47 Delivery (257 nm) Racing (325 nm) <i>Invited Crew</i>
			
Watercolors  Avondale, RI (US) Outbound 44 Delivery (650 nm) <i>Invited Crew</i>	Heartbeat III of Burnham  Burnham on Crouch (GB) Dufour 44 Performance Delivery (160 nm) Racing (180 nm) <i>Invited Crew</i>	Turicum  Vancouver (CA) C&C 44 Racing (120 nm) <i>Paid Crew</i> (Training)	Hot Spur  Marion (US) Rhodes 41 Delivery (700 nm) <i>Invited Crew</i>

			
Danae  Antigua (AG) Jeanneau SO 40 Cruising (229 nm) Paid Crew (Mile Building)	Fandango  Melbourne (AU) Jeanneau SO 39i Delivery/Cruising (1,045 nm) Invited Crew	eXcape  Rhodes (GR) X-362 Delivery (120 nm) Racing (200 nm) Invited Crew	Verona  Niteroi (BR) Delta 36 Delivery (180 nm) Invited Crew
			
Tantivy  Seattle (US) J/109 Racing (25 nm) Invited Crew	Revanche  Porto Alegre (BR) Fast 345 Racing (70 nm) Invited Crew	Osprey  Niteroi (BR) Peterson 33 Cruising (30 nm) Invited Crew	Nunnehi  Vancouver (CA) Olson 911SE Racing (65 nm) Invited Crew
			
Mustard  Niteroi (BR) Soling (26.75') Racing (30 nm) Invited Crew	Onka  Niteroi (BR) Multichine 23 Delivery (90 nm) Invited Crew	Mad Dog  Niteroi (BR) Ranger 22 Cruising (95 nm) Family Sailboat	Spock  Niteroi (BR) Gleiter Peter (15.7') *1965 German Design* (built by my father) Cruising (31 nm) Family Sailboat

(7) Additional Information**(1) SAILING SKILLS & EXPERIENCE**

Skill Area	Competent	Basic
Steer a compass course	✓	–
Keep lookout / watch-keeping	✓	–
Sail trim and reefing	✓	–
Work foredeck – set sails including spinnakers & cruising chutes	–	✓
Electronic navigation (GPS, radar, VHF, software)	✓	–
Navigate with paper chart	–	✓
Anchor handling & anchoring techniques	–	✓
Cooking at sea	–	✓
Use of dinghies with outboard motors	–	✓
Heaving-to & other heavy-weather tactics	–	✓

- ✓ **COMPETENT:** Fully capable of performing these tasks solo by day, and at night with a standby crew on or off deck as needed. Able to operate confidently in varied weather, including heavy wind conditions up to Force 10.
- ✓ **BASIC:** Limited experience; eager to practice and build proficiency through further offshore and coastal sailing.

(2) HEALTH	(3) OTHER
Watch alone — No restrictions	Goals — Passion for sailing, adventure, and exploration; committed to seamanship, teamwork, camaraderie, and sharing/learning skills in sailing, navigation, and maintenance.
Allergies — None	Time constraints — Contact for details
Vision — Normal; no colour-blindness/night-vision issues	Return travel — Contact for details
Diet — Vegetarian (dairy OK); flexible aboard	Immigration/visa — No issues; dual Brazil/Canada; clean records
Smoking — Non-smoker; fine with smokers	In-port — Maintenance, exploring, guitar (Pink Floyd, Blues)
Seasickness — Occasional preventative; effective	Insurance — Yes; full coverage via UCalgary Faculty Plan
Fitness — Very good; train 4–6x/week	—



Further information available upon request.